

214-262, Dundas Street East
Waterdown, Ontario,
L8B 1A9

Subject: CSIOC

TO WHOM IT MAY CONCERN

Dear Sir/Madam,

I first became a member of this organisation during the Covid period. I was a retired senior, with visual impairment and I lived on my own. With help from CSIOC, I learnt basic computer skills and joined their Zoom group. It was a good social experience and I was also able to contribute on topics like depression, anxiety, loneliness and the like from my professional expertise. My sister, a gynaecologist and other members also joined the group.

After Covid, CSIOC arranged a camping trip which has become an annual summer event. Apart from the spiritual needs, good food the intergenerational needs, so important to our community are also met.

Christmas Gala Dinner is anticipated by all. Usually over 500 people of all ages attend. Local politicians are invited as guests to meet the community.

In addition to their local engagement with the community, CSIOC also helps the persecuted Christians in Pakistan and elsewhere. They also supply the basic essentials to those struggling here.

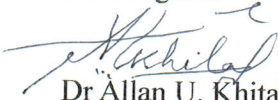
Individual help to seniors is also available on as needed basis.

They are applying for a " Charitable Status " to raise funds to improve and expand the services

This is a well respected organisation in the community with well defined goals and a proven record.

I have no hesitation in recommending this application.

Kind regards



Dr Allan U. Khitab.

B.Sc.IMBBS, FRCP(C); ABPN (USA), DPM(London)

Prof. Emeritus and Consultant Psychiatrist (Retd)